



## DIABETES CARE DIRECT

There are approximately 125,000 people living with diabetes in northeast Indiana and northwest Ohio. Diabetes is a leading cost driver in healthcare, with 1 in 5 healthcare dollars spent caring for people with diabetes. Your employees living with diabetes may not seek or receive the care they need due to lack of available time off work or access to the resources needed to properly manage the disease.

### Did you know?

#### People with Diabetes



**\$10,000**

Average annual cost on health plan

#### People with Diabetes and Hypertension



**\$20,500**

Average annual cost on health plan

Parkview Signature Care 2021 data

Total direct medical expenses for diagnosed diabetes in 2017:



**\$5 billion**  
INDIANA



**\$9 billion**  
OHIO

"The Burden of Diabetes in Indiana." diabetes.org. American Diabetes Association, (April 2022). [https://diabetes.org/sites/default/files/2022-04/ADV\\_2022\\_State\\_Fact\\_sheets\\_all\\_rev\\_IN-4-4-22.pdf](https://diabetes.org/sites/default/files/2022-04/ADV_2022_State_Fact_sheets_all_rev_IN-4-4-22.pdf). June 2022

"The Burden of Diabetes in Ohio." diabetes.org. American Diabetes Association, (April 2022). [https://diabetes.org/sites/default/files/2022-04/ADV\\_2022\\_State\\_Fact\\_sheets\\_all\\_rev\\_OH-4-4-22.pdf](https://diabetes.org/sites/default/files/2022-04/ADV_2022_State_Fact_sheets_all_rev_OH-4-4-22.pdf). June 2022

**\$237 billion**

Direct economic cost of diabetes in the United States, including hospitalization, medical care, treatment and supplies, and other costs.

American Diabetes Association, "Economic Costs of Diabetes in the U.S. in 2017", Diabetes Care, May 2018.



American Diabetes Association, "Economic Costs of Diabetes in the U.S. in 2017", Diabetes Care, May 2018.

#### Indirect Economic Costs of Diabetes in the U.S.



Increased absenteeism  
**\$3.3 Billion**



Reduced productivity while at work for the employed population  
**\$26.9 Billion**



Inability to work due to disease-related disability  
**\$2.3 Billion**



Lost productivity due to 277,000 premature deaths  
**\$19.9 Billion**

American Diabetes Association, "Economic Costs of Diabetes in the U.S. in 2017", Diabetes Care, May 2018.

### How Parkview can help.

In order to address the needs of your employees while improving productivity and reducing the overall cost of care, Parkview has assembled a dedicated diabetes care team to provide personalized care, on-site at your workplace. By bringing the services directly to your employees living with diabetes, we can improve engagement, reduce lost productivity time, and improve the outcomes of this population with complex needs.

Keep reading to learn about the benefits of our on-site diabetes program and how it works.



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## AWARENESS

1 in 5 people living with diabetes do not know that they have diabetes. Early detection and awareness is the first step to preventing complications from diabetes. Awareness includes understanding the diagnosis of diabetes and how it impacts overall health.

## ACTIVATION

Once the person living with diabetes is more aware of the disease, it is important for them to understand and take the steps toward optimal health. These include conversations and self-reflection to understand how diabetes impacts aspects that are meaningful to the person. This allows the person to identify powerful motivators for change.

## ACCESS

Once awareness and activation are achieved, having equitable and person-centered access to care is vital to best equip each person with the right care, by the right person, and at the right time. Ensuring access to care that meets their needs can help the person living with diabetes to implement the decision-making and problem solving skills when needed.

### Program Benefits

- Improved access to care by bringing all resources to the employee, which we anticipate will improve engagement.
- Cost avoidance due to employees being away from work for multiple appointments each year can add up to 45 hours per year for appointments, plus as many as 5 sick days related to illness.
- Coordinated care leading to improved outcomes over time will reduce overall cost of care for employees living with diabetes on your health plan.

### How it Works

- Our clinical team will work with your insurance broker or third party administrator to identify all employees with diabetes on your health plan who would benefit most from participating.
- An introduction of the program and invitation to participate will be sent to identified employees.
- Our multidisciplinary team will schedule quarterly visits with these employees, bringing services directly to them.
- Program cost is \$300/employee/quarter, which includes services rendered on day 1 and 2 and appropriate follow-up to ensure the employee's success in the program. Program costs can be invoiced and paid by your health plan, replacing the individual claims for each service. Without multiple visit co-pays, employees have incentive to participate!

### Program Components\*

#### Day 1 - 40 minutes per participant

-  Pre-Visit Assessment
-  A1c / Lipid Panel / Nephropathy Screen
-  Retinal Scan
-  Blood Pressure
-  Body Composition

#### Day 2 - 1 hour per participant

-  Provider Visit
-  Foot Exam
-  Diabetes Education
-  Medical Nutrition Therapy
-  Lifestyle Coaching, on-site and ongoing
-  Referrals to additional services, as needed

*\*Services will be provided as necessary. Time per visit may vary based on services provided.*

**Get started today by contacting 260-373-9017  
or [ParkviewEmployerSolutions@parkview.com](mailto:ParkviewEmployerSolutions@parkview.com).**

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